



SNOWBOARDCROSS RIDERS HEAD DOWN UNDER IN “THE LAND OF OZ” FOR QUALITY SNOW TIME

Canadian Snowboard Team training camps continue as summer hits full stride

(West Vancouver, BC – July 24, 2009) The summer season is peaking in Canada as two of the three Canadian Snowboard Teams embark on a summer journey looking for snow in Australia and the USA, part of year-long Olympic preparations.

The Snowboardcross Team is leaving this weekend on a journey down under to Australia to tackle their second summer training camp of the summer. On Saturday, the team will fly to Sydney, Australia, before hitting the road to Pericher, chasing ideal snow conditions.

“Our snowboardcross coaches have created a unique joint training camp with Ski & Snowboard Australia (SSA) coaches to share support services for all our riders. We will train side by side on the same course, using the same medical services and traveling as a team, providing our athletes with important peripheral support services,” said Christian Hrab, Director of High Performance for Canada~Snowboard.

This training camp marks the first time a Canadian Snowboard Team will train in Australia. The team regularly visits South American resorts in the summer season, but have never trained on the Australian continent before this upcoming camp.

Six of the eight riders on the Canadian team will kick things off with an 8-day on-snow training camp before competing in a set of FIS Continental Cup races in Hotham, AUS. Four additional days of training are scheduled in Pericher following the races before the long haul back to Canada.

In Pericher, the team will head right back into winter to a natural snowpack of more than one meter, intermittent snowfalls and temperature hovering between -2 Celsius and -6 Celsius - excluding the Wind Chill factor – on the forecast horizon.

The Halfpipe/freestyle Canadian riders will travel to the familiar Mount Hood in Oregon, USA where they will spend seven days of training in the Olympic-size, 22-foot halfpipe, on glacier facilities, starting on July 26. The team will continue to develop new tricks at amplitude for the

upcoming season.

The Alpine team riders are continuing their individual strength and conditioning programs before returning to snow late in August, where they'll also travel to Mount Hood to train 13 days starting August 24th.

LIST OF PRE-SEASON TRAINING CAMPS

Halfpipe

New Zealand (NZE): August 24 – September 8

Saas Fee (SUI): October 24 – November 7

Copper Mountain (USA): November 16 – December 14

Snowboardcross

Pericher (AUS): July 31 – August 14

Bariloche (ARG): August 20 – September 3

Chapelco (ARG): September 5 – September 13

Powder King (CAN): November 23 – December 11

Alpine

Mount Hood (USA): August 24 – September 6

Farnham Glacier (CAN): September 20 – September 29

Landgraaf (NED): October 6 – October 8 (Indoor)

Soelden (AUT): October 13 – October 19

Copper Mountain (USA): November 7 – November 24

--canada~snowboard--

COMING UP: EVENTS / TRAINING CAMPS

July 26-30: WSF World Adaptive Snowboard Championships –
Cardrona Alpine Resort (NZE)

August 8-9: SBX Continental Cup Races, Mt Hotham (AUS)

August 11-15: Burton New Zealand Open, Cardrona Alpine Resort
(NZE)

August 25-26: New Zealand Winter Games

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ABOUT CANADA~SNOWBOARD

Canada~Snowboard (Canadian Snowboard Federation (CSF)), is the governing body for the sport of snowboarding in Canada. Committed to high performance excellence in World Cup, World Championships, and Olympic Winter Games competition, the CSF provides a wide range of programs and support services based on established principles of long term athlete development, for all levels of snowboarding ability. For more information on the services and programs offered by Canada~Snowboard, please visit: www.csf.ca.