Metatarsalgia: General pain under the forefoot

Ankle Sprain: Pain at the ankle from acute injury

Morton’s Neuroma: Pain or numbness across the ball of the foot

Hammer Toes: Contraction of a joint in the toe. Irritation from friction in the shoe can cause corns and/or calluses on the top & end of the contracted toe

Shin Splints: Pain or discomfort along the lower leg

Plantar Fasciitis: Common pain underneath the heel

Bunions: Boney deformity at the side of the foot near the big toe that can cause pain or discomfort

Bunioness: Boney deformity at the side of the foot near the little toe that can cause pain or discomfort

Ankles Tendonitis: Pain and/or burning sensation at the back of the heel

Haglund’s Deformity (Pump Bump): Pain at the back of the heal

Tailor’s Bunions: Boney deformity at the side of the foot near the little toe that can cause pain or discomfort

Metatarsalalgia: General pain under the forefoot

Peroneal Tendonitis: An irritation to the tendons that run past the back outside part of the ankle

Achilles Tendonitis: Pain and/or burning sensation at the back of the heel